



The Voice of Sports Volunteering in the Royal Borough of Kingston

News from Sport Kingston

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Go Kingston 2010

Celebrating the countdown to London 2012, Go Kingston 2010 is a free event to get Kingston active and healthy.

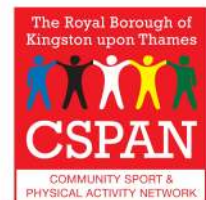
It takes place on Sunday 25 July 2010 at the Hawker Centre, Lower Ham Road, Kingston.

Across the many sports clubs in the borough there are volunteers with a wealth of knowledge and experience. Go Kingston will need volunteer support. Put your skills, enthusiasm and knowledge to good use and become part of the general

team to help deliver Go Kingston 2010.

To get involved email Hedley Featherstone, Goods Sport project, goodsports@kvc.org.uk or telephone 020 8255 8685

Organised by Kingston's CSPAN (Community Sport and Physical Activity Network) .



Good Sports

Welcome to the fourth edition of Good Sports - a quarterly e-newsletter for sports clubs in Kingston.

The 'Good Sports Project' aims to:

- Increase the numbers of people volunteering in sport and physical activities
- Assist clubs to attain Clubmark to ensure that anyone who plays sport can do so in a safe and friendly environment

Sport Kingston Website – A One-Stop Resource

Sport Kingston has recently launched its newly developed website

www.sport-kingston.co.uk

The site aims to be a one-stop resource for sports clubs in Kingston, providing information and links on topics such as coaching, Active Kingston, funding and disability, as well as a directory of local organisations.

Further information will be added to the site in due course, so be sure to check it regularly to keep up to date.

Don't forget to contact Sport Kingston if you have any issues or concerns about your club.



Borough Sports Awards

Following the success of last year's event, the Borough Sports Awards will take place on Thursday 21 October at Chessington Community College.

Nomination forms and criteria will be available from the Active Kingston Team pages on the Council's website from June www.kingston.gov.uk/sport

Information for Clubs

Dragon Boat Challenge

The annual Rotary Dragon Boat Challenge takes place on Sunday 18th July from Canbury Gardens, near Kingston Bridge. Up to 36 teams will battle for a place in the final where six boats will compete for the Challenge Cup. Money raised by the event will go to this year's chosen charity, The River Thames Boat Project.

Entries for teams are now been accepted. Why not enter a team from your sports club? No experience is necessary and training will be given. Full details are available on the Kingston Rotary Club website www.kingstonrotaryclub.org

Kingston Voluntary Action Spring Training Programme

Kingston Voluntary Action has recently launched its Spring Training Programme, with a range of courses suitable for voluntary and community organisations including sports clubs. All the courses are aimed at strengthening your organisational capacity and giving you additional skills to run your clubs more successfully.

Courses which will be useful to all organisations include Health and Safety in the work place (2 June), Equality & Diversity (19 May) and Presentation Skills. (15 June).

There are two courses which look at the ever popular subject of funding; Writing Budgets for Funding Applications (20 April) and Writing Persuasive Funding Applications (29 April).

Any group that works with children should consider attending the courses Safer Recruitment and Practice (26 May) and

Safeguarding Children – Child Protection Awareness (12 June).

The programme also includes courses aimed at Management Committees/Trustees; Recruitment and Induction of Trustees (16 April), Questions to Ask Your Treasurer (7 May) and Financial Regulations Management Committee Members Need to Know (15 June)

These courses are extremely good value, costing just £40 for full day training sessions and £20 for the half day courses. Full details can be found in the Training section of the KVA website at www.kva.org.uk

For more information contact Sanja Kane on 020 8255 3335 or email training@kva.org.uk





Surrey County FA
DEVELOPING FOOTBALL FOR EVERYONE

Courses for Club Volunteers

Surrey County FA are running a range of courses designed to support football clubs; these courses are ideal for new clubs, existing clubs with new personnel, those looking to expand into new areas or clubs just looking for new ideas.

Each course costs £15 per person or £5 per Charter Standard Club and includes all courses resources / handouts. Courses will be tutored by Surrey County FA staff, giving you the opportunity to meet the officers, and get guidance and advice on the relevant topics. The courses are interactive and include opportunities to share best practice.

Module 1 – *Running a Club*

Friday 16th April, 7– 8:45pm

- Define the roles and qualities of the Club Secretary
- Outlines the club's obligations to its league and County FA
- Looks at ways in which the Club Secretary can work “smarter not harder”
- Describes ways in which volunteers can be recruited
- Describes how volunteers can be retained

Suitable for new club secretaries / assistant secretaries, existing club secretaries looking to improve their efficiency, anyone interested in starting up a new club or getting more involved in football administration.

Module 2 – *Club finances*

Tuesday 30th March 7– 8:45pm or

Friday 14th May, 7– 8:45pm

- Describes the role of the club treasurer
 - Identifies simple rules in looking after money
 - Financial requirements for clubs
- Lists possible sources of funding

Suitable for new club treasurers / assistant treasurers, existing club treasurers looking to improve their efficiency, anyone interested in starting up a new club or getting more involved in running football accounts.

Other courses include Club Development, Developing School Club Links, Developing & Managing Volunteers, Marketing, Sponsorship and Funding

To book online please click on the following link

<http://eventspace.thefa.com/surreyfa/participant/s.aspx> or if you require a paper application form contact Kira Johal, Football Development Administrator, on 01372 384746 or email Kira.Johal@surreyfa.com

All courses will be at the Surrey County FA, in the Centenary Suite , Connaught House, 36 Bridge Street, Leatherhead, Surrey, KT22 8BZ.

AGM Season

The AGM season is fast approaching for many clubs. This is a time when new volunteers are often appointed. It is important to make your new volunteer welcome. Checkout the Good Sports Volunteer Induction template for ideas which can be found online at :

<http://bit.ly/sportsvolunteerinduction>

Hedley would welcome a chance, where possible, to attend sports club AGMs to set up a display outlining Good Sports and learn from committee and club members how

Good Sports may be able to help. Please contact Hedley on 0208 255 8685 or email: goodsports@kvc.org.uk. if you club would like Hedley to attend your club AGM.

If an AGM isn't suitable please consider inviting Hedley to a club night. During the last few months Hedley has meet a variety of clubs which has proved helpful in determining how Good Sports can best help sports clubs find volunteers.

Survey of Voluntary & Community Sector in the borough of Kingston

Kingston Voluntary Action is currently conducting a survey of local voluntary & community organisations to gain a better picture of the sector, what they think of KVA's services and what they need to operate effectively. KVA is keen to have

input from sports organisations and would be grateful if you could take 10-15 minutes to complete the survey. It can be found online at

www.surveymonkey.com/s/kvasurvey2010

Funding

Mars Refuel Drink Fund

Every month until the end of May, Mars Refuel Drink will be giving away £10,000 in the form of prizes of up to £500 to 20 clubs or individuals to spend on coaching, equipment or kit.

All you need to do is complete the online form and say how Mars Refuel "could help you play longer".

Visit www.marsrefuel.com/refuel-fund to enter



Official Sports London

Official Sports London is an exciting bursary opportunity to assist Londoners aged 16+ to complete sports officiating qualifications, volunteer or work as officials and maybe even officiate at the London 2012 Games.

Gaining an Official Sports Bursary can unlock the door to gaining a new qualification, improve your access to volunteering, work and social opportunities and allow you to take the lead for your sport.

To apply, visit www.officialsports.org



For details of more funding opportunities visit Sport Kingston website www.sport-kingston.co.uk/funders-sports-kingston.htm

Volunteering

Did you know?

In the last two weeks 18 people have expressed an interest in volunteering with sports clubs. Make sure your club doesn't miss out. Contact Hedley now to find out how your club can access new volunteers.

Balfour Beatty London Youth Games 2010

Every year 30,000 young Londoners from the 32 London boroughs and the City of London, compete in over 30 different sport competitions that comprise the London Youth Games. The results from all the different sports are added together and the winning borough wins the Jubilee Trophy.



Volunteer at the London Youth Games - Join GamesForce

GamesForce is the young volunteer programme, which gets young people (16+) involved in the London Youth Games. There will be a range of young volunteering opportunities available as part of the London Youth Games, both on and off the field. Joining the GamesForce Team offers the opportunity to learn new skills as well as meeting Olympic stars and the chance to attend sporting events.

Does your club have a junior or colts section or young members? If you haven't done so already please let them know about the chance to get involved.

For more information, visit www.londonyouthgames.org/volunteer

Represent the Borough of Kingston

The Games are free and open to all young people, aged between 7 and 17, living in or going to school in London. Last year, Kingston came an impressive 12th, but has ambitions to be in the top ten in 2010.

They are now looking for young people to take part in trials in the different sports across the coming months.

Further details and an application form can be found on the Kingston Council website at www.kingston.gov.uk/sport

Can you help advertise sports volunteer vacancies?

Does your club have a newsletter, a website, a notice board or maybe its own club-house? If so, perhaps you would be willing to display volunteer vacancy posters to help spread the message about sports volunteering opportunities in the borough. If you would please email Hedley at goodsports@kvc.org.uk

Sports Volunteering Opportunities

Avondale Gymnastics Club is located in Holyfield Road, Surbiton. With around 300 members the club's purpose built facilities provide a wide range of activities for members aged from 2 to 18. They are looking for volunteers to support the coaching team by assisting with telephone enquiries, general admin and with meeting and greeting members as they arrive at the club. In addition the club is looking for a volunteer or volunteers to help provide refreshments to club members, visitors and parents. The club fully understands the time pressures that face many potential volunteers and operates a flexible approach. Even if you can only spare two hours a week Avondale can assure you of an enjoyable volunteer experience.

Walk4Life needs additional Walk Leaders to accompany groups on 30-90 minute walks around Kingston. . Run by Kingston Council and NHS Kingston, the scheme encourages people to get active by attending one of our walks where they are able to exercise safely and sociably. Enthusiasm, flexibility and community spirit are more important than being super-fit. To become a Walk Leader you must be able to give at least one day per month to the Walking Scheme, attend the Walk Leader training course and a one-day first aid course, as well as undertaking a CRB check.

If you are interested in volunteering at either of these clubs or are looking for a volunteering opportunity related to sport, please contact Hedley Featherstone goodsports@kvc.org.uk or on 020 8255 8685

Next Issue...

The next edition will be issued in June 2010. Please submit copy by **28 May 2010**.

If you have any ideas, or subjects you would like included in future editions of Good Sports, please contact Hedley Featherstone goodsports@kvc.org.uk or on 020 8255 8685

Good Sports is issued by email to each key contact in the Active Kingston Sports Club Directory. Please forward Good Sports to other volunteers within your club.

If you would like a copy of Good Sports sent to another email address, or to add further recipients to our list, please let Hedley know.

Contact Good Sports

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