



Good Sports

The Voice of Sports Volunteering in the Royal Borough of Kingston

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News from Sport Kingston

Sport Kingston Chairman's message

"In my short time as Chair, I have already come to recognise that sport in Kingston is managed by many dynamic clubs and organisations with a band of enormously loyal, committed, enthusiastic and immensely hard-working volunteers.

Sports clubs across the borough can only function through the work of their volunteers. That is why Sport Kingston is enormously

grateful to the many volunteers who put in the time and effort to ensure that people irrespective of age and ability have a wide range of sporting options to choose from.

Thank you for all your great work. Keep it up in 2010 and, in the meantime, have a pleasant and relaxing Christmas."

Adrian Pearman

Good Sports

Welcome to the third edition of Good Sports - a quarterly e-newsletter for sports clubs in Kingston.

The 'Good Sports Project' aims to:

- Increase the numbers of people volunteering in sport and physical activities
- Assist clubs to attain Clubmark to ensure that anyone who plays sport can do so in a safe and friendly environment

Sport Kingston Website – A One-Stop Resource

Great news for clubs.

Are you fed up trawling through various websites, spending hours on end trying to find what you are looking for?

If the answer is 'yes', then we can help.

Sport Kingston has developed a website specifically for clubs to link you to all of the information you will need.

You can also use this site to promote any events and good news stories that you would like to share with other clubs and you can let us know if your club has any concerns or issues.

Log on and give it a go. The site will be updated regularly and fully completed in the New Year.

www.sport-kingston.co.uk



Sport Kingston – Club Night

Chessington Community College was the venue for this years Club Night.

Sport Kingston would like to thank all the clubs and organisations who attended and it is hoped each club took something positive away from the night.

Volunteers from a variety of clubs converged on the college for an evening of hospitality, networking, information gathering and a sports quiz.

Sport Kingston's newly launched website

was also introduced to groups on the evening (see Page 1).

Worcester Park Cricket Club won the £350 first prize in the quiz. The winner of the sporting basketball challenge was a young sharp shooter from Surbiton Postal Rifle Club who won £50 for her club.

Tolworth Gym Club won first raffle prize. The raffle raised funds for the Neil Desai Foundation, for more information about the Foundation visit www.neildesai.org

Information for Clubs

Affordable Transport

Is affordable transport an issue for your club?

If so, then you should contact, Richmond and Kingston Accessible Transport (RaKAT), who provide transport services for voluntary and community groups, including sports club, across the two boroughs.

RaKAT has 22 mini-buses, 15 of which are fully wheelchair accessible, and most will carry 14-15 passengers.

For more information on their services, visit their website www.rakat.org.uk. Alternatively contact them by email info@rakat.org.uk or by telephone on 020 8481 0031

Kingston CSPAN

Kingston Community Sport & Physical Activity Network (CSPAN) brings together lead officers and partners from organisations across the Borough who are all committed to providing locally determined solutions to increase

participation and widen access to sport and physical activity for the whole community.



For more information about CSPAN, please visit:

www.kingston.gov.uk/browse/leisure/sports/kingston_cspan_network.htm

Doodle - free event scheduling / polling tool

Do you have to schedule practice sessions, matches, committee meetings or similar? Do you find it difficult trawling through email responses to track availability and trying to arrive at best times / dates for everyone? Why don't you try an easy to use and free online tool – Doodle www.doodle.com. You can set up a number of options e.g. dates or times and then invite others to indicate their availability which can then be viewed all in one place.

The screenshot shows the Doodle website interface. At the top, there is a login section with the text "MyDoodle: your polls at one glance", an "E-mail address" field, a password field, and a "Log in" button. Below this are links for "Forgot password?" and "Create account".

The main content area is divided into several sections:

- How does Doodle work?**: A list of three steps: 1. Create a poll, 2. Forward the link to the poll to the participants, 3. Follow online what the participants vote for. It also states "Free. No registration required." and has a "Learn more ..." link.
- Schedule an event ...**: Includes a calendar icon and a "Schedule event »" button. Text: "... such as a board meeting, business lunch, conference call, family reunion, movie night, or any other group event." with a "View example" link.
- Make a choice ...**: Includes a poll icon and a "Make choice »" button. Text: "... among movies, menus, travel destinations, or among any other selection." with a "View example" link.

Below these sections is a poll table with the following structure:

	Office meeting room	Church hall (where we hold the AGM)	Pub function room	Adult Education class room	Library training room
Volunteer 1		OK	OK		
Volunteer 2	OK		OK		
Your name	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Count	1	1	2	0	0

At the bottom right of the table is a "Save" button.

This tip was provided by Superhighways. Superhighways is a Social Enterprise based at Kingston Voluntary Action, and provides Information and Communications Technology (ICT) support to groups in Kingston.

To find out how your club could benefit from their services, please visit www.superhighways.org.uk or email support@superhighways.org.uk

Funding

UnLtd Sport Relief Awards

These awards are for 11-21 year olds, who want to set up their own projects, using their passion for sport to bring respect and understanding to their communities. There are three types of awards; Try It – up to £1,000, Shape It – up to £5,000 and Do It – up to £10,000.

Full details can be found on their website. www.unltdsportrelief.com

For details of more funding opportunities visit Sport Kingston website www.sport-kingston.co.uk

Sport England Active Women Fund

Sport England's themed rounds of National Lottery funding tackle gaps in sporting participation. This fund is open to projects raising participation amongst either women in disadvantages communities or women caring for children under 16.

Full details can be found at www.sportengland.org/

More hands make light work! 'Good Sports'

Is Your Sports Club Looking for Volunteers?

Then why not join Kingston Royals Swimming Club and Kingston Athletic Club and Polytechnic Harriers who have registered with Good Sports since the Autumn edition of Good Sports.

Kingston Royals Swimming Club are looking for an Admin Manager to assist their Club Treasurer. Good Sports is advertising their volunteer vacancy on the National Volunteer Database, as well as at local venues including Leisure Centres and Libraries. Good Sports attracts interest from many people in Kingston who are actively seeking sports volunteer opportunities.

In recent weeks a number of potential volunteers including two PE teachers, a Sports Science graduate and a production assistant with Chelsea FC's TV channel have all approached Good Sports to get involved with sports volunteering.

Hedley is continually looking to engage with sports clubs to explain the benefits of linking with Good Sports and would be delighted to hear from any club that would like to know more about advertising volunteering vacancies.

If you have volunteers aged 16—25, who require additional support, Kingston Volunteer Centre has project workers who can provide specialist advice.

Can you help advertise sports volunteer vacancies?

Does your club have a newsletter, a website, a notice board or maybe its own clubhouse? If so, perhaps you would be willing to display volunteer vacancy posters to help spread the message about sports volunteering opportunities in the borough. If you would please email Hedley at goodsports@kvc.org.uk

Next Issue...

The next edition will be issued in March 2010. Please submit copy by **28 February 2010**.

If you have any ideas, or subjects you would like included in future editions of Good Sports, please contact Hedley Featherstone goodsports@kvc.org.uk or on 020 8255 8685

Good Sports is issued by email to each key contact in the Active Kingston Sports Club Directory. Please forward Good Sports to other volunteers within your club.

If you would like a copy of Good Sports sent to another email address, or to add further recipients to our list, please let Hedley know.

Contact Good Sports

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